



equi-scotia
Personal Growth Through Horses

Introduction to Equine Facilitated Learning (EFL)

BEGINNING ONLINE:
TUESDAY 24TH JANUARY 2023
6:00PM - 8:00PM

Equine Facilitated Learning (EFL) provides a reflective space in the presence of a horse, which can support personal and professional skills development.

COURSE CONTENT

WEEK 1:

Difference between EFL and traditional activities with horses.

WEEK 2:

Managing Anxiety with Horses.

WEEK 3:

Understand the impact of Equine Facilitated Psychotherapy (EFP).

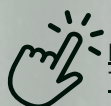


Counts as 3 CPD points for BHSAPCs, who may also claim a discount.

£125



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